

# Impact of Survivorship programs in ovarian cancer: Experience from a tertiary cancer centre in Eastern India

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## Introduction

Survivorship programs are intended to help patients and their caregivers to come together and express their journey of survival. It serves as a common platform for patients, the caregivers and the health care team members.

### Aim

- To study patient acceptance and attitude towards participation in survivorship programs

## Methods

- First survivorship program on Ovarian Cancer was held on 16<sup>th</sup> December 2017
- Second survivorship on Ovarian Cancer was held on 22<sup>nd</sup> September 2018
- During the follow up call for the third Survivorship program scheduled on 2<sup>nd</sup> March 2019, a survey questionnaire was administered.

### FOLLOW UP tools:

- Face to Face interaction
- Telephonic interview

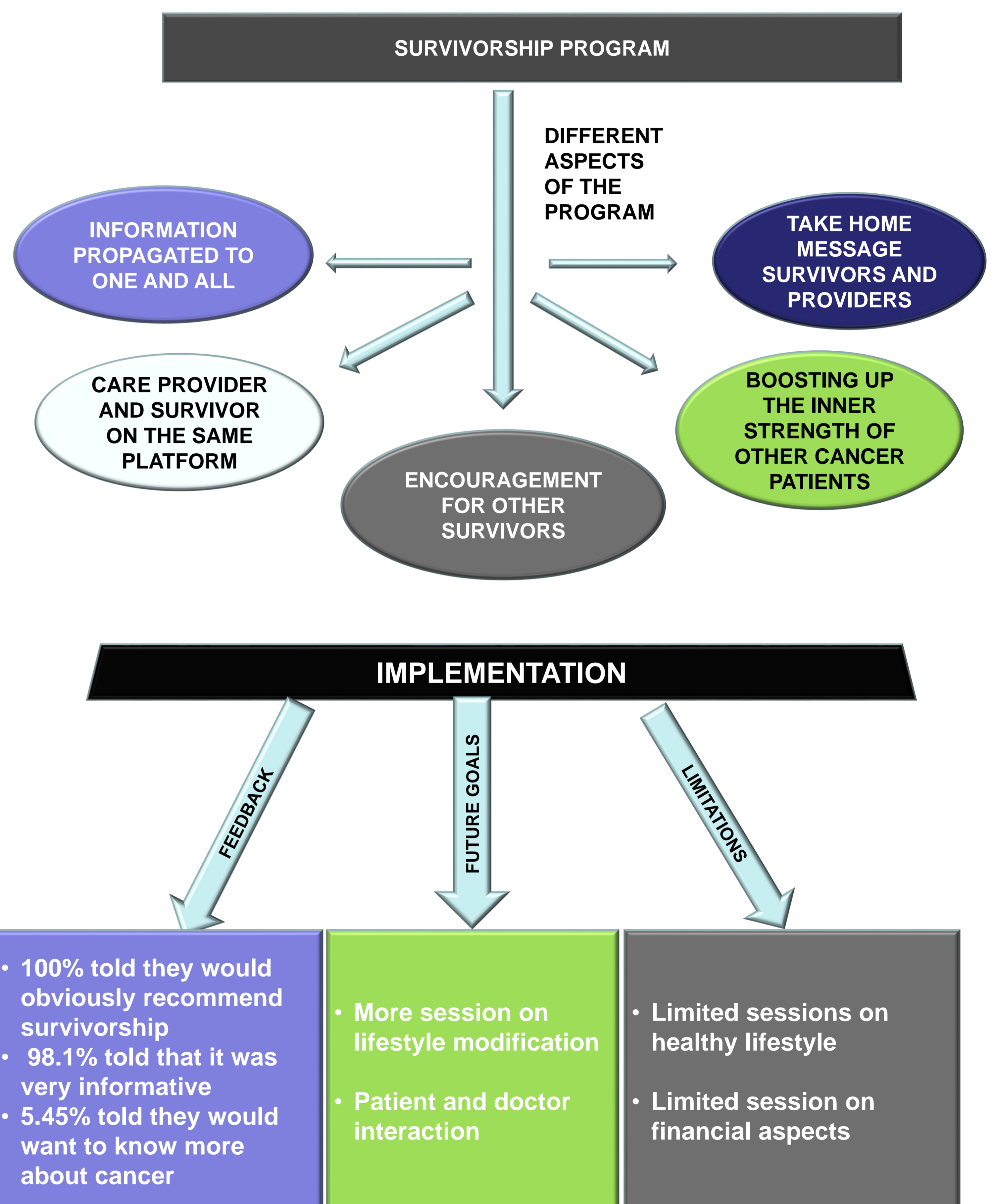
#### SURVEY QUESTIONNAIRES: SURVIVORSHIP PROGRAMME 2019

NAME:  
AGE:  
DIAGNOSIS:  
DATE OF SURGERY:  
TREATMENT:  
HOW MANY TIMES HAVE YOU ATTENDED SURVIVORSHIP PROGRAMME?  
IF ATTENDED BEFORE  
DO YOU RECOMMEND SURVIVORSHIP?  
IS IT INFORMATIVE?  
WAS THE NUMBER OF PARTICIPANTS APPROPRIATE?  
DID THEY ENJOY?  
WILL THEY ATTEND AGAIN?  
SPECIFIC NOTE:  
IF NOT ATTENDED BEFORE:  
WHAT ARE YOUR EXPECTATIONS REGARDING SURVIVORSHIP?  
WHY DO YOU WANT TO ATTEND SURVIVORSHIP?

## Improved Patient participation in Survivorship programs

Parameters	2017	2018	2019
Total number of patients called	200	182	60
Total number of patients agreed to come	50 (25%)	50(27.5%)	52(86.7%)
Total number of patients who actually came	28(14%)	37(20.3%)	awaited

## Impact:



### Other impact features

- Increasing number of women and their families have come forward to volunteer for helping out fellow cancer survivors and motivating them
- Affected women and their family members have been instrumental in spreading awareness for cervical cancer screening and arranging camps
- A cultural group called 'Sarabajaya' was created to engage cancer affected women in performing arts ( Courtesy: Prof Tanya Das)

## CONCLUSION:

Survivorship care plans for patients are becoming essential components to ensure quality and individualised care for patients during and after their cancer treatment. Recognising this need to support patients as they live with, through and beyond cancer is an important facet of providing a good quality oncology care.

### REFERENCES:

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